First Night - Gateway

BOB'S TALK - 8/18/90

Bob: Well, you all got here, did you not? That's fine. You never know, depending on weather and airlines, it's not quite so sure sometimes. You think everything's so sure in life, but a lot of things are not quite as sure as we think they should be. Ha! Well.

Well, I'll add my welcome to --- where you are and what you are beginning to do, which sometimes - it's interesting to meet you first, like this. Because you're all twittered, you know. What's going to happen? What are we going to do, you see? And the very interesting thing is, you can say it in a number of different ways.

One way to say it is, it's the beginning of a different over view, that you will develop. I have mine, you will have yours. Very important that you understand that you will do the developing. The second thing is that this is the beginning of a route to freedom for you. A very, very unique kind of freedom as far as you know now. But it's really not that unique. Because you've had it before. So, if you can think of this process as being a freedom route into areas that seem new and different, but suddenly you will realize that they're not new and different. You have been there before. And you say, "Oh!" And it's very true.

Because this Gateway process is, in and of itself, helping you no longer be a - there's many allegories for it - a loose cannon, as it were, in what happens in your life. How does that happen? That's the way we are, as humans. Is that we - so much

of us - it just happens to us, is out of control. We think, oh we got great control, we have great discipline. But in the things that you're going to work in, it's rare that you have already achieved these.

And yet what they are, are very ordinary things. Ordinary patterns. The difference is, you're going to learn to control these very ordinary patterns. Let me give you the simplest illustration.

Here you are, wide awake, fully attentive, I hope. Nobody's asleep yet. And there's a great - and so that you have that more or less under control, and you can focus your attention. But take the whole span over here, where you have no control and you're asleep. Or you think you have no control. That's the important thing. You think, oh, well, I go to sleep, and that's alright. So, this is a process that you are beginning in this different overview to learn to control, first of all, these very ordinary things. Once you have that base, that solid foundation, the you can go on and into these exquisite areas of exploration. Because we take the position very, very strongly that consciousness is a continuum. It doesn't stop simply because "we lose consciousness here," for whatever reason - such as falling asleep. If you can think of it that way, that's what you're beginning to do.

You're beginning to move into different phases of consciousness. Again, this makes a horrible presumption. That is, that when you are not conscious here, you are conscious there, whatever there is. You can make up your own mind about

that. Again, that's the whole thing.

So, to help in that beginning of that freedom route, because you've already been told the basics and all the conditions, and so on like that - and you'll get a lot more. But basically, my job is to get you started on that freedom route. And I can do that very simply. I stand up here, pull out my arms and legs, and reach this way - and (claps hands) I make a nice percussive sound. And with that, time is no longer with you. It's not important. You don't have to depend on time from this moment on, until the end of this session.

This means that when it's time to go to bed, somebody will tell you. When it's time to wake up, somebody will tell you. When it's time to go eat, somebody will tell you. When it's time to go to an exercise, somebody will tell you. When it's time to go to the bathroom, somebody will tell you. It's all taken care of. All fine. You don't have to worry. And to be sure that this will work very well with you, we will take up the contraband that you have, that is working in that respect.

Audience: Summer camp.

Bob: Sorta. How 'bout a nice 1927 Rolex? No watch? Good! It's interesting, the time addicts - a few minutes from now, after they begin to get bored, they'll look to see what time it is. And it's gone. And they have no idea how much time has taken place. But time is not important from this point on.

It's an amazing thing how that freedom does begin to work. So, at least you get started. And I'm going to take my freedom and take my coat off. I've shown you that I can wear a coat, so

I'll put it down there, see. You must understand that I am my own refugee. And what am I a refugee from? From all the years as an executive in New York, having to wear a coat, and a tie, and a vest; complete heavy suit in the hottest of weather in New York. And believe, all New York is not air conditioned. You have to get from your office to something.

Anyway, I have expressed a freedom in the last so many years. It's a wonderful thing - to be able to not wear a coat, when I don't want to wear one. It's a great privilege. You'd be surprised. I've often wondered what the equivalent that women would have in that respect.

Audience: Pantyhose.

Bob: I can imagine, but you see, if I were a female, what kind of freedom I would like. Anyway, that's another story.

So, there are certain patterns - we get started. Here is goes. I heard the beginnings of your briefing, and to what you understand what we're talking about. And this whole pattern - if you can think of it another way. The process here provides you with a surrogate left brain. If you understand what I mean by a left brain. That means, analytical, under control process. So that you, in the beginning of these exercises, can lie back and have a wonderful time. Simply because Daddy is watching over you. You know, this kind of thing. A surrogate left brain. A surrogate intellect, analytical part. That's what the process is. So that when you listen to one of our Hemi-Sync tape exercises, it really is a surrogate operation. It lets you loose to go play and go explore, and go do. And when it's time to do

something, as it were, and here I go - can't get rid of time. When the moment comes, and that's a - see, I can't ____? time, when it's opportune, to, in turn, move into something else - that left brain surrogate helps you do that. But meanwhile, it's also helping you, in the early stages, relax your left brain and have that good time - and lie around and everything else. But at the same moment, it begins to help you reintroduce <u>your</u> analytical faculty to take charge of this whole thing. That's what it's all about - you taking charge.

So, I'm sure the sweetie-pie team back there have told you that we don't have any dogma here. Did you say all this stuff? You must have! We have no political or religious connotations, whatsoever. The different overview won't permit it, do you understand what I mean? That's local traffic, as it were. And you're beginning to travel another kind of interstate. For those of you who are not local, interstate is a super highway in the United States. And we use it in another form. An interstate - inter states. So, that's what you'll be playing with.

The most important thing of all is that you understand another position. And that is, that no one, not I, not our surrogate left brain, no judge, no lawyer, no father, no mother, no friend, no religious leader - knows you as you know yourself. You may not be any different from anyone else, in the sense that a lot of what you are you don't tell anybody about, because you think it's unacceptable, or whatever. We have all sorts of reasons that we don't expose our total self. But <u>you</u> know you, and you know that total self. Therefore, no one can make any

decision for you, the correct decision, other than you. Can you see how that is? Who would you like to be on your judge and jury, but a whole mass of surrogates you? And that's literally true. You are your own best decision maker. Whatever it comes down to - we always look for answers all over here - they're all here, because you are the one who knows you best. You will find that out as you go, too.

And you'll have to - be human just as anyone else - and say, "Well, I got my faults, but I'm alright, too." You know, you get to that point. You say, alright so, I have some habits like picking my nose, or whatever - nobody sees it. But that's alright. You see, you're moving into a different overview.

So the biggest problem, of course, is why is this not so easy? Why is the problem that you have to come all this distance here to help develop this different overview? A very basic one. There are barriers that prevent you from doing this as easy as it sounds. What is the barrier? Well, I'll have to - did you draw anything yet? No. Well, then I'll go draw something. You care which side I leave?

Got a nice, bare piece of paper here, too, how 'bout that! Alright. We like to sometimes graph things. And for those of you who live daily with flip charts wherever you work, please forgive us. Because I can't get rid of the habit of drawing things. We're talking about barriers. And the simplest way is to begin to graph it. We'll make a line. And a line is a line is a line. So what do we call this? We call it an LD, or a line of demarcation. And what does that mean? That means it

separates one thing from another. Very simple. Nice, exquisite left brain logic. What does it separate? Well, we try another approach to it. We say it separates Here from - what would it separate from? Very simple.

Audience: There.

Bob: Yeah, any monkey would know that, wouldn't they? There. Now how are we going to define what the difference is between Here and There? Let's symbolize and say that Here is - we are among the knowns. All of the things that are labeled Here are the familiar known elements in our existence. And in our thinking. These known elements have one key thing. We're not afraid of them, because they are knowns. What we know about we don't fear. We may be careful, but we don't fear it.

So that would automatically put above our line of demarcation - if we have knowns down here - we would have unks(?) up here, would we not? And if knowns have no fear, then these are all fear-based. What is unknown we fear. Whether it goes all the way back to some activistic part of us, perhaps, instinctual, where we're a million years ago we were marching through the jungles. And I do mean as humans. And we have fear, because all in that jungle are a whole bunch of tigers, saber tooth predators, or whatever, waiting to eat us. So we have a fear. So, we're alert. We have a fear. Fear of unknown.

Now. What we have in between the unknowns that we fear and the knowns are something else again. We have, between the two, which has been as long as human recorded history, never mind before then - we have crossing and dividing this line, belief

systems. Now, thank you, thank you. Now the neat part about belief systems is that they are part known and part unknown. That's why we like them, in many respects. Because they have that excitement. Fear and excitement. Excitement is sort of a first cousin to fear. But we love excitement. We even do all sorts of things to induce excitement in our lives.

But belief systems are very neat. They provide you with little subtle dosages of fear, because they got unknowns in them. And sometimes we resist even cleaning up those belief systems and getting to see if they have - those unknowns can be reduced to knowns - simply because we love our belief systems so much. We hate to get rid of them. So, we hang on to them, because of where they are. They have involved in them, a lot of them, feed, down-feed from There - some very precious commodity. And what happens is that we don't really know a lot of what those commodities really are. But we just have great, great need for them.

So what you are going to be doing in this particular area, is converting unknowns into knowns. And you see, so as you do this, you will be erasing fear - step by step. All of us are encased in a box created by our belief systems. But more than that, of course, it's human history. It's human custom. It's human sociality that encases us in this box. But we feel safe and sound and secure in this box where we wallow around in our belief systems. We feel ___? because they don't begin to push us too hard. There's only some problems in connection with that, and that's what brought you here, or brought you wherever.

That's one of the reasons. Is very simple. The box is not enough. You have been attempting to push holes in your box, and do something about what's beyond the box. And we will provide you with the suitable drills to drill holes. And suitable means by which you can reach out and feel around and see what's outside the box. That's what this is.

But, in a very simple process. It sounds complicated, but it really is not that. Again, doing only the things that we're talking about. You've heard what we're talking about when we say 10 , 12, and 15. I will try to simplify this a little bit for you. And you will say, "Oh, you are technocrats." Indeed we are technocrats. Because it will appeal to the exquisite logic of what we are. This thing that we deride in one case, and treasure the most. And that is this intellect that we came to get.

So, if you think of - as you sit here - think of the fact that you are tuned in, as it were, to time/space reality with your mind-consciousness. Your mind is focussed in time/space. What you have in order to let you do that is a physical body that is a focusing device, so that you can have all the joys and sorrows and wonderful things of time/space. The learning process here. There's a lot we'll get into later - this whole business about how did we happen to do this? That's another story.

Let's get to the phasing process. Now, think of the fact that you are tuned in phase here, and there's a part of this phaser - the phasing device - that isolates you from anything else but time/space. It's a - we can have all sorts of labels for it - but fundamentally, that keeps other signals from getting

into you, so that you can become human, strangely enough. Because if you did not have that discriminator circuit, you could not be human. So, thinking this, then think that phasing is what you have been doing loosely all the time, and know you're going to perceive in doing it in a controlled, orderly fashion.

What am I talking about? Well, let's say, hopefully, all of you are still focussed. But if you began to have inattention, I mean your mind wandering and says, "I wonder if I left the stove on, or if I left the telephone answering service turned on when I left," this kind of thing. You're slightly out of phase, do you follow? You're not, you've lost, a little bit - you may be 90% focussed here, and 10% out of phase. So if you take it from that, you can see all that phasing pattern until, say, that you're 80% out of phase when you are, in turn, going into sleep.

I'll give you an illustration. This one I don't have to draw, ha! ha! So, here you are, focussed in time/space and your physical body. Can you all see this alright? Here's that inattention, a certain percentage. You're moving out of phase. The next is perhaps a meditation state, which <u>is</u> a lot of the time a controlled out of phase state. Just partial. See, but you still have a relationship, your consciousness to this time/space. It's not all the way out, just part way. So, think of that as one of the few places in a meditative state where you have it under control. There are all many in between, don't misunderstand. There's a lot of focussing, concentration, all sorts of stuff in varying degrees of this focussing. But we're talking about separation out of physical, time/space focussing.

So, then here's that Focus 10 - we just put it there because that seemed like the best place. The numbers don't have any meaning whatsoever, as you've probably been told. We're trying to find numbers that don't have any magic or mystic symbols. Or tried to do it - put new ones up instead of having an unlucky 13 or lucky seven, all this kind of stuff. Get away from it! So, here we have Focus 10, Mind Awake, Body Asleep. And you've told them all this? Did you tell them about that? You did? Alright. Good, I can pass it off.

So, that amazing discovery that you find that even phased - without phasing away in all your physical sensory input detuned - that you can still be conscious. Very, very fascinating discovery, because you always thought: Oh, I'm getting sleepy, so all of it falls apart. Not so. You can now begin to be conscious as you separate from the physical input. And the discovery that you don't need that physical input to be conscious is a big discovery. Very, very fascinating to go through that point of discovery. That you don't need it. Has all sorts of inferences built into it, when you begin to do that.

So, here's 10, and then here's illnesses that phase you out of being focussed and impartial. Again, relationships, because you are still physically alive. Here are drugs and alcohol that phase you out like this. What's the problem? You can't keep 'em under control. You can have a la-ti-da wonderful time over there, and all this kind of stuff, but you can't turn it off when you want to turn it off. Try it sometime, if you don't think so. When you have to drive a car, and you've boozed up, you got to be

sober, it's tough stuff to do. Go behind the car and try to regurgitate. That doesn't do it so much, but it helps.

Then here's 12. And 12, as you've been told, is interesting in the sense that here's a greater degree of phasing. And in that phasing, having detuned your physical mechanism, and he probably told you all this, I'm just repeating to emphasize it - all of these other means of perception begin to surface because they've been covered over. The discriminator circuits been shutting them off, frankly. That's what's happening. And you are beating the rap by unhooking the circuit a little bit. Or detuning it.

When you begin to do this, then something else comes up, and that's where it gets real nice. You begin to realize that consciousness is a continuum. Because you are beginning to do it. It is a continuum. In other words, we think of consciousness being here in time/space. But you're beginning to be conscious slightly, more and more, beyond time/space. And the inference of that begins to wake you up for sure! What is going on here? What have I been doing all this time, not realizing that consciousness continues?

So, in this case, we get up to our 15, which is our No Time state, which is kind of interesting. And the excitement of going beyond that into the greater activity of Gateway, as you will find out, I don't want to spoil it for you. Here is normally sleep. So, we think of sleep when we're not conscious. So, you can cop an excuse all you want. But we very firmly take the position that, for example, when one is in delta sleep, which is

that deep, comatose-type sleep, where you are really deeply phased out, it corresponds near identically to the profile of those we have worked with in the out of body state during their activities. The biological signs are near identical. The blood pressure, body temperature, all these, are so near identical, that we very bluntly say, that what we used to call, and I say, we've changed it now - the out of body state is what takes place with everyone during delta sleep. You are phased out that far in delta sleep.

So we now call, what, the out of body state, just a degree of phasing. And it is during that delta part of sleep. You have been doing this since you were a - since you've been born. You have been phasing out. What you've been doing, that's what the fun is. Because what you have been doing, you don't remember except in part. But the fact, again, that you're here, means that you have begun to remember part of it. Otherwise, you would not be here, ha! ha! ha! ha!!

Now we're giving you the tools to explore this continuum of consciousness that you know about already. All we are doing is giving this analytical intellect of you an opportunity to work in it. And to be a part of it. That's the exciting part of what you're doing. Is to get it into willful, conscious control of this mind you're using right at this instant. And that's where the fun comes in. Because then you're free.

What are you free of? You will find out as you go along of how the exquisite freedoms that are involved in moving in this phasing process. There are so many facets to it. And you can

set up your own stages, you see. We're just putting some buttons in here and there. You can develop your own; you can have your own Focus 2, or Focus 3, whatever. That's yours. And people do, incidentally. Some of them get to be 10A, 10B and 10C, and 10AA and 10F and all these kind of things. Setting different phases off of what they have learned here.

So, that's the beginning. That's where you're going, that's what you're going to do. And it's all very much a key that you are totally free, in this beginning, to set aside this analytical part of you in the beginning, and just plain have fun; knowing full well that everything is under control. And knowing that, you can go have fun and then as you begin to put the thing together, you do bring your intellect into it, and say, "What's going on here?" And that's it.

So, welcome to this part of the world. And I hope you all have a very, very good time. And to show you how - does anybody have a uncogent question at this point? I knew, you being in front, would have one! Yes, go ahead.

Audience: Well, I was just curious about your opinion as to the nature of reality, because, you know, when you on off into these other states, and what not, many people look at it as you're really travelling to San Francisco, or something. And others might say it's simply in your mind. And so -

Bob: You do go out - you take your mind with you, that's the point. There's - I forgot the other problem, thank you - then I'll have to add the other problem. I was going to do it later, but I'll do it tonight. No. Yes. No.

If you begin to approach it from the phasing point of view, then you can see how neatly this fits. It doesn't leave any square pegs with no square holes, if you begin to think of it as phasing. How to describe it other than that at this point, I don't know. It is not - it is your mind doing all of this. But I assure you that continuum of consciousness is a spectrum that I don't know where the end is. And I don't know of anyone who knows where the end is.

But if you think of that, and mind is no more than an application of a band, if you want to call it, along that spectrum of consciousness. This is where you are now. You are in this time/space part of that consciousness spectrum. Phasing, you begin to split. And incidentally, there's a thing that you must recognize. That there are other sides to this phasing process. Our hospitals have been loaded in years with those who have gotten into a phase relationship state, where they cannot tell the difference between this phase of time/space and some other phase, state of consciousness, and we have it all sorts of labels. Like dementia, schizophrenia, and things like that.

So what we do in our culture is douse that mind consciousness's phasing mechanism, namely the body, with a drug that blocks out this, so that it's not there. So there's - move back totally into time/space. And this one is just wiped out for the time being. They call them beta blockers, they're all sorts of things. They got tens of names for them. But that's basically what it is. That's an out of control state, don't you see? Yes sir?

Audience: Bob, I have a little bit of resistance to the whole idea. And the resistance is showing up in the way I'd love to go to the bathroom at the moment.

Bob: Well, I really don't mind.

Audience: I didn't want to interrupt. But otherwise, I think what you're saying is brilliant.

Bob: I know, but that's very natural. I have to go too, but I know exactly how much longer I'm going to be here! What we'll do, I'll march up and down and count to 100 and, no, 82, if you want to go up and back. Ready? (he counts) Somebody count for me! I lost count!

Audience: 75, 76 . . .

Bob: Well, give me a simple one, please.

Audience: When you bring the mind and brain into sync, I forgot your definition of mind.

Bob: Well, I can tell you this. I will be as specific as I possibly can. Mind is a vortex of energy, not generated by the brain, that when you came in here to be human, that's what came. Is this vortex of energy that is non-physical in nature. And that does not mean it's electrical. It means it's non-physical.

Audience: Could it be equated with the "I" that metaphysical -

Bob: There's been all sorts of - yes indeed - there's all sorts of labels. We try to do some other label. That's why I get itchy when I inadvertently use the word soul, for example. Because soul doesn't quite fit what I perceive this "I" of us to be. And later on, I'll give you some pumps about how and why of it. But there's a - is it 84 yet? Yeah. But -

Audience: _____? maintaining power of the universe?

Bob: It, no, it has nothing to do with the physical universe. Not at all.

Audience: I'm not really thinking of the physical universe, I was thinking of the universe.

Bob: Well, I'm at a loss to describe what you're trying to say. I've thought of the word eternity, that doesn't fit. Infinity is a little bit better, because that does not infer time, you see? So, I don't have a truly a proper definition, other than to say it is - I do have a way, and you're going to force me to do it, alright.

Audience: _____? tiny bladder syndrome . . .

Bob: Well, if you think of it this way - you might as well get acclimated to this - that once you, there's real, literally so, that we do tell you when to go to the bathroom. Because moving into these states where your body gets very relaxed, your bladder fills up. So you get it as empty as you can before you go. Strangely enough, it's the relaxation t hat's doing it. It's not the tension. Tension tightens it up. That's the story.

Anyway, I got to get you happy, right? Oh, here it is - this will fix you! You want to know the hard core stuff. Can you see that way over there? Here, around the border doesn't make sense, because there's no border. But all around, whatever, permeating all reality, I'll put it that way, is what we call an M-field. That is a static field of energy. Now, it's been labeled all sorts of things throughout history. And we just take that, because we can't find a letter that has not been used for

some other purpose to identify it, so we call it M-field.

But it is a non-physical energy field that permeates everything. It's - we use that part of us that we call our mind - is a permeation in that M-field. It's a vortex of energy of that M-field energy and that's what is a part of you. That is the human part of you, you see?

Now, very simply, here's this field, and over here is the physical universe. And they used to put out a T-shirt with a galaxy and it had a little spot with an arrow saying, "You are there." Well, that's where we are - somewhere in that physical universe. That has been placed as a hologram, or whatever you want to call it, into this M-field. If you wish, you can go and explore the reality that there is an alternate physical, mirror image of this universe in which we live. This physical universe, which I call the minus one. The signals can be, the polarities can be absolutely reversed. Say this is the minus one, and this is the plus one. But it is sort of a mirror image, and you can - there are ways that you can go and explore when you get deep into this phase. If you want to play with that, there's a neat way to do it. To get into a phase state where you can go over and find an entry point into that negative universe.

But that's the base leg of where we are. Now, there's another neat part about all this. This phasing device that - there's some interesting reasons why we got this type of phasing device, and I'll get into that later on this week - but bear in mind that you, as that whirl of non-physical energy, needed to have a means of expression here. So, somehow it got grown into

this type of physical body - a tumor - that we call the human brain. That is a means of translator - a transducer for this type of energy that we have. The biggest problem is that this is an animal body. And we have to have and use an animal body in order to exist here in this, what I call the earth life system. That's the only way that we can get through the learning process is to have a means, a mechanism, a tuning device, a physical body. And this is a very odd kind of animal body that we inhabit.

But, and here's the problem, my friends. This is where it gets tough. We send signals into this - ideas, or whatever, or desires or needs - but it has to go through the rest of this animal system in order to express itself. It has to go through the mammalian brain, the reptilian, the whole various circuitry, chemical, electrical - in order to express. I like to call all the rest of that our animal sub-self. And we cannot express, except I'm expressing through it by using my mouth and my vocal chords in order . . . [End side 1]

Bob: The distortion factor, as that goes through our animal sub-self, which has a very nice acronym, and so, and in so doing that, you can see how these things get distorted. Because the animal has certain drives, and those drives are very basic. When you came into this reality, in order to exist you had a big stamp put into that. It's not your - it's in your DNA - and it's in all sorts of things, all animals have it. And that is, survive. Survive. And what does survival mean? It means survival of self first, and species after that. And so that the species can continue.

Well, we humans are subject to that same drive. What does that mean? It's obvious what it means! You get food to survive, you get warmth to survive, and then you got to do - go through the whole reproduction process. That's survival, see? And it's just like there are certain parts of our - this, not our species, we hope, wherein the male, once he's reproduced, that's all, Bud. You're dead. The Queen Bee goes on and says I'll take another one the next time, you see?

So, these are processes that demand expression. And here we are, valiantly trying to be something other than animal, and we run into all these patterns. These animal patterns, and so it comes out. So we have music, 99% of which are sexual mating songs, right? When you go, it's beautiful (????). You understand? This is the focussing, and so it's very, very difficult to get that true part of - that non-physical part - to get a clean expression, because of all these distortions that take place. The answer is, but all of us try, don't we? We keep

trying. And it's important to realize that that distortion is there. And you, more and more, as you get into this process, you will recognize this and be able to deal with it. I forgot to tell you. Nobody said it was easy, did they? No, I hope not.

Audience: I'm not clear what you mean by distortion.

Bob: Distortion? Well, let's put it this way. Any - let's put it this way - you have a signal that you have, that is a part of this non-physical you. And it demands expression, but it gets, let's say that it is a creative process, that you, in turn, want to express that creative process as a, well, as a musician, let's put it this way. Because where you were before, you have a beautiful idea of what harmony and melody, and you came here to put it into physical sound. And you end up playing in a rock band, you understand? Because that's how you get all the girls, if you want to put it that way. Can you see how it gets distorted?

You have exquisite creative talents, and instead of disseminating them in one form, you build an empire of manufacturing cigars or cigarettes, or something, instead of taking in that exquisite organizational ability and using it for, I don't know what. But something that is less of a predator. And that's the thing. Perhaps I didn't hit that hard enough.

In order to be existent here, you have to be as all other life is on this planet. You have to be a predator. You say, "Oh, I'm not a predator, I don't eat meat!" But you fish. Or chicken. "Oh, no. I'm a pure vegetarian!" You can't survive here without having, consuming other carbon life. There's no

way. You can eat grass and you're still doing it. There's no way. What we do in this distortion of this tremendous capability, mind capability, we, in turn, accumulate a mountainous variety of ways to of things to eat, let's put it this way. A huge variety of ways to clothe ourselves. And you can say, well what other use would it-- That's what you're here to find out.

I don't know what your purpose is. I don't know what your motive is. But at least your motive will be - you'll begin to find out, or at least have the avenue provided for you. Does that help? No. Don't ask me! I don't know what yours are. It was very severe enough for me to find out mine, but I don't know hers! She's a beautiful gal, but I don't know hers.

Audience: Question. My interpretation of what you just said: and _____? twisted, let me tell you. Your mind has something that it wants to get through.

Bob: To express.

Audience: To express. Your brain is the interpreter. However, instead of your brain interpreting word for word, it just gives through a synopsis. And the synopsis comes through and you function, and you do roughly what the energy vortex wanted you to do. But you don't have that exact translation because -

Bob: That's right, because of the distortion. In other words, your process says, well, you want to help other men, other women, other humans. And it comes out in a different way. So, I can't tell you other than the fact that that distortion takes place, because it's distorted by the animal drives. What you originally

thought of, of I will purvey a great message to Earth. And that so gets distorted that you build up a television broadcasting empire, do you follow?

Audience: What were you doing here is to get around the distortion and go direct to the Source?

Bob: Absolutely. Just to clean it up. Get control of it. Getting - and absolute control, I assure you - is impossible. I haven't had supper yet, so I can tell you, it's impossible to get total control over that. I'm still beginning to feel hungry. But it is control. What are we talking about is that where you begin to recognize these animal drives, and not to - you can't turn them all off - it's impossible. That's not the question. The question is, don't let them distort what you really want to do. That's the difference. And I can't, again, what one really wants to do is up to the individual. And there's no - get away from that local traffic concept of right and wrong. Because that's not the way it works. Alright? That's a start. Yes sir?

Audience: I'm left-handed.

Bob: So am I!

Audience: My understanding is left-handed people can have a switch in right-brain, left-brain activity.

Bob: That's true.

Audience: So, does that affect the (participation?)?

Bob: Does not. It used to, but we had, we found that it was not necessary, so it makes no difference in our process.

Audience: _____? I practiced, I was wondering _____?

Bob: No, no, I'm left-handed. We did have it, and we still have

some, but we do not use them in this program. But if you want to play around with that at a point in the future, all left-handers, we can find out very quickly whether you have switched dominant brains, you see. Which is quite possible. I thought for a long time I had. In other words, that I was dominant right-brain. But I'm not. I'm just a mix-up, you see!

Audience: Well, my question has to do with emotions. And I'm wondering if, it sounds like you're suggesting that emotions constitute an instance of this animal sub-system distortion.

Bob: This is something I will tell you to consider. And just consider. Don't - you find out! Don't believe me! Go find out for yourself! Emotion may well be - and that's a hedge if I ever heard it, isn't it? May well be a, an inability of this animal sub-self system to properly express what it's trying to get through. In other words, it's a - that's as close as I can come to it. Is to consider that that's what emotion truly is. It's attempt to express something. And the only way you can do it is through what we perceive as emotion. That's as close as I can come.

Now I'm going to show you how - what reality is. You ready for some reality? I've been here talking for awhile. And we have nice reality. All of this was pointless and wasted, when it's so simple, we know that a picture's worth a thousand words, and a color picture is worth ten thousand words. And a color talking picture is worth a hundred thousand words. I'm going to prove it to you with a three minute film. Are you ready? Watch out, and I'll show you. Are you ready? Bang! (End side 2)